



# Eagles Sports Camps Guide 2026

Registration Opens 10 am January 8, 2026



	<b>Week 1</b> June 17 June 18	<b>Week 2</b> June 22-26	<b>Week 3</b> June 29-July 2 Closed Friday	<b>Week 4</b> July 6-10	<b>Week 5</b> July 13-17 3pm Dismissal on Friday	<b>Week 6</b> July 20-24	<b>Week 7</b> July 27-31 3pm Dismissal on Friday	<b>Week 8</b> Aug 3-7	<b>Week 9</b> Aug 10-14	
	Single Day registrations. No camp on Monday, Tuesday and Friday	<b>Run &amp; Rally!</b> Campers build flag football skills through drills and teamwork.	<b>Track &amp; Turf</b> Field day challenges and Olympic-style team competitions	<b>Court Clash</b> Basketball and handball skills with team competitions	<b>Power Play!</b> Lacrosse and floor hockey skills, passing, and defense training	<b>Net Results!</b> Volleyball and pickleball skills, teamwork, and rallies	<b>Goal Getters!</b> Soccer and floor hockey skills, passing, shooting, and defense	<b>Ultimate Challenge</b> Ultimate Frisbee and hybrid games build teamwork	<b>All-Star Showdown</b> All-sport games celebrating teamwork and camp spirit	
<b>TRAILBLAZERS</b>	Wednesday: <b>Action Sports</b> A full day program	<b>Optional Swim Lessons*</b> <b>Skill -</b> Basic Passing <b>R&amp;R -</b> Squad Builder Challenge <b>Activities -</b> Mini Match Ups	<b>Optional Swim Lessons*</b> <b>Skill -</b> Balance & Coordination <b>R&amp;R -</b> Gold Medal Challenge <b>Activities -</b> Field Day Fun Run	<b>Optional Swim Lessons*</b> <b>Skill -</b> Dribbling <b>R&amp;R -</b> Hoops Zone Design Challenge <b>Activities -</b> Dribble Dash Relay	<b>Optional Swim Lessons*</b> <b>Skill -</b> Stick Handling <b>R&amp;R -</b> Lax Gear Custom Creator <b>Activities -</b> Dribble & Dash	<b>Optional Swim Lessons*</b> <b>Skill -</b> Basic Serving <b>R&amp;R -</b> Fan Finger Design Challenge <b>Activities -</b> Balloon Volley Challenge	<b>Optional Swim Lessons*</b> <b>Skill -</b> Kicking & Ball Control <b>R&amp;R -</b> Tabletop Tournament <b>Activities -</b> Target Kicking	<b>Optional Swim Lessons*</b> <b>Skill -</b> Spatial Awareness <b>R&amp;R -</b> Invent-A-Sport Challenge <b>Activities -</b> Frisbee Fun Games	<b>Optional Swim Lessons*</b> <b>Skill -</b> Team Spirit & Participation <b>R&amp;R -</b> Summit Cup Challenge <b>Activities -</b> Mini Team Relays	
<b>PATHFINDERS</b>		Thursday: <b>Action Sports</b> A full day program	<b>Skill -</b> Strategy & offensive play <b>Wellness -</b> Routine for the Win <b>Activities -</b> Playmaker Challenge	<b>Skill -</b> Speed & Technique <b>Wellness -</b> The Player's Toolkit <b>Activities -</b> Track Challenge Circuit	<b>Skill -</b> Passing <b>Wellness -</b> Fuel Up for the Win <b>Activities -</b> 3 Pass Challenge	<b>Skill -</b> Passing Accuracy <b>Wellness -</b> Win the Food Fight <b>Activities -</b> Pass & Score Relay	<b>Skill -</b> Rallying <b>Wellness -</b> Mindset Mastery <b>Activities -</b> Serve & Return Stations	<b>NE Revolution Game @ Gillette (TBC)</b> <b>Skill -</b> Passing <b>Wellness -</b> Own Your Thoughts, Own Your Game <b>Activities -</b> 4v4 Mini Challenges	<b>Skill -</b> Creative Gameplay <b>Wellness -</b> Respect & Safety <b>Activities -</b> Hybrid Game Creation	<b>Skill -</b> Sportsmanship & Collaboration <b>Wellness -</b> The Final Whistle <b>Activities -</b> House Team Games
<b>HIGHLANDERS</b>			<b>Skill -</b> Advanced gameplay <b>Leadership -</b> Playbook Design <b>Activities -</b> Round Robin Tournament	<b>Skill -</b> Power & Endurance <b>Leadership -</b> Next Play Mentality <b>Activities -</b> Field Competitions	<b>Skill -</b> Offensive Strategy <b>Leadership -</b> Coaching Connection <b>Activities -</b> Half-Court Tournament	<b>Skill -</b> Game Strategy <b>Leadership -</b> Conflict Cool Down <b>Activities -</b> Small Side Scrimmages	<b>Skill -</b> Doubles play <b>Leadership -</b> The Team Mindset <b>Activities -</b> Mixed Doubles Tournament	<b>NE Revolution Game @ Gillette (TBC)</b> <b>Skill -</b> Offensive Tactics <b>Leadership -</b> Lead with the Whistle <b>Activities -</b> Offense v Defense	<b>Skill -</b> Advanced Team Dynamics <b>Leadership -</b> Strategy & Support <b>Activities -</b> Ultimate Tournament	<b>Skill -</b> Leadership & Competitive Play <b>Leadership:</b> Organizing to Win <b>Activities -</b> All-star Cup Tournament
<b>Sport Specific Camps</b>	For camps ending at 12pm, Sports Stay & Play extends the day to 4pm. Campers get to swim and play games with experienced Sports Camp counselors	<b>Pat Connaughton Basketball Camp</b> Coed, Grades 3-9 8:30am - 12:00pm <b>Lacrosse Camp</b> Boys, Grades 5-9 8:30am - 12:00pm <b>Learn to Golf Camp</b> Coed, Grades 2-5 9:00 am - 4:00 pm	<b>Flag Football Camp</b> Coed, Grades 2-9 9:00 am - 4:00 pm	<b>Soccer Camp</b> Boys, Grades 6-9 8:30am - 12:00pm <b>Pat Connaughton Basketball Camp</b> Coed, Grades 3-9 8:30am - 12:00pm <b>RecLacrosse</b> Coed Grades 2-6 9:00 am - 4:00 pm	<b>Softball Camp</b> Girls, Grades 5-9 8:30am - 12:00pm <b>Flag Football</b> Coed, Grades 2-9 9:00 am - 4:00 pm <b>Learn to Golf Camp</b> Coed, Grades 2-5 9:00 am - 4:00 pm	<b>Baseball Camp</b> Boys, Grades 5-9 8:30am - 12:00pm <b>Volleyball Camp</b> Coed, Grades 5-9 8:30am - 12:00pm <b>RecSoccer</b> Coed, Grades 2-6 9:00 am - 4:00 pm	<b>South Shore Select Soccer Camp</b> Girls, Grades 4-9 8:30am - 12:00pm <b>Flag Football Camp</b> Coed, Grades 2-9 9:00 am - 4:00 pm.	<b>RecHoopz Basketball Camp</b> Coed, Grades 2-9 9:00 am - 4:00 pm <b>Learn to Golf Camp</b> Coed, Grades 2-5 9:00 am - 4:00 pm	<b>Flag Football Camp</b> Coed, Grades 2-9 9:00 am - 4:00 pm.	

\*Swim lessons - \$30 per week

Summer at St. John's reserves the right to cancel/change programs at any time.

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# Eagles Sports Camps Scope and Sequence

